

COMMANDMENTS



R. C. N.

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An
Illustrated Booklet
Printed for
YOU

"R. C. N. COMMANDMENTS"

FOREWORD

You have in your hands the "COM-MANDMENTS". They are for your benefit. Look at them, read them, and act upon them. You will not only be a great help to our country, but you will make your career in H. M. C. Navy a happy one.



I. **KEEP FIT.** Fitness is essential to efficiency.



II. **BE ENTHUSIASTIC.** Eagerness and enthusiasm pave the way to victory.



III. **BE PUNCTUAL.** To be so you must acquaint yourself with the ship's routine.



IV. OBEY ORDERS AT THE DOUBLE.
Strict discipline is enforced.



V. BE SMART. Others will respect you
if you respect yourself.



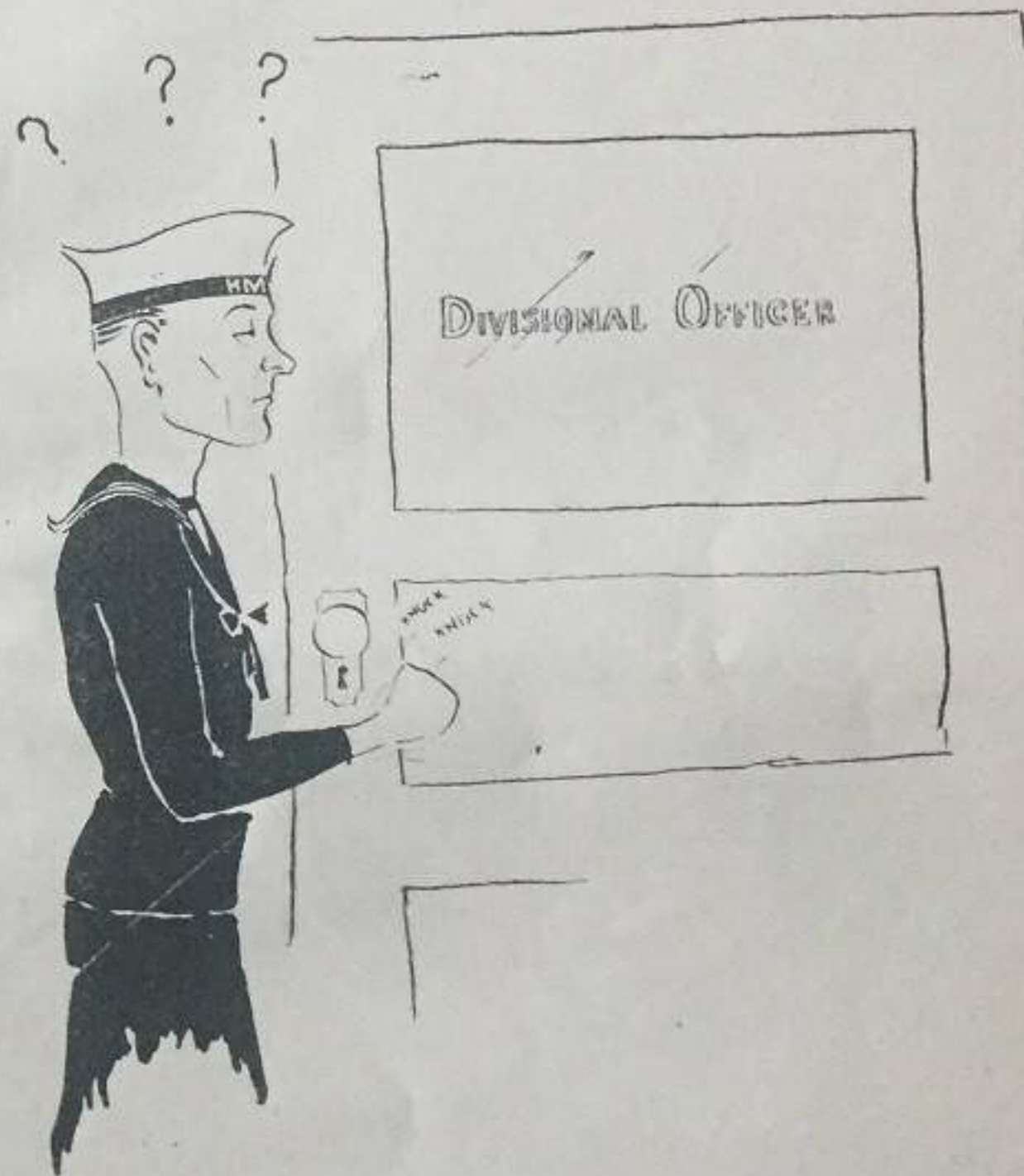
VI. **BE ALERT.** If you have ideas for improvement bring them forward.



VII. **BE INDUSTRIOUS.** Hard work means Advancement.



VIII. **BE INQUISITIVE.** Ask questions and you will learn.



IX. **BE CONFIDENT.** If you are in doubt ask to see your Divisional Officer.



X. **DON'T WORRY.** Your Chaplain will help you with your personal problems..